By: Price, Huberty, Thompson of Harris, Coleman, Bonnen of Galveston, et al.

H.B. No. 18

Substitute the following for H.B. No. 18:

By: Thompson of Harris

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A BILL TO BE ENTITLED

AN ACT

2 relating to consideration of the mental health of public school

z relating to consideration of the mental health of public school

4 curriculum requirements, counseling programs, educational

students in training requirements for certain school employees,

5 programs, state and regional programs and services, and health care

6 services for students and to mental health first aid program

training and reporting regarding local mental health authority and

- 8 school district personnel.
- 9 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 10 ARTICLE 1. MENTAL HEALTH OF STUDENTS IN PUBLIC SCHOOLS
- 11 SECTION 1.01. Section 5.001, Education Code, is amended by
- 12 amending Subdivision (5-a) and adding Subdivision (9) to read as
- 13 follows:

1

3

- 14 (5-a) "Mental health condition" means <u>a persistent or</u>
- 15 recurrent pattern of thoughts, feelings, or behaviors [an illness,
- 16 disease, or disorder, other than epilepsy, dementia, substance
- 17 abuse, or intellectual disability,] that:
- 18 (A) constitutes a mental illness, disease, or
- 19 disorder, other than or in addition to epilepsy, substance abuse,
- 20 or an intellectual disability; or
- 21 (B) [substantially] impairs a person's social,
- 22 emotional, or educational functioning and increases the risk of
- 23 developing a condition described by Paragraph (A) [thought,
- 24 perception of reality, emotional process, or judgment; or

- 1 [(B) grossly impairs behavior as demonstrated by
- 2 recent disturbed behavior].
- 3 (9) "Substance abuse" means a patterned use of a
- 4 substance, including a controlled substance, as defined by Chapter
- 5 481, Health and Safety Code, and alcohol, in which the person
- 6 consumes the substance in amounts or with methods that are harmful
- 7 to the person's self or to others.
- 8 SECTION 1.02. Section 11.252(a), Education Code, is amended
- 9 to read as follows:
- 10 (a) Each school district shall have a district improvement
- 11 plan that is developed, evaluated, and revised annually, in
- 12 accordance with district policy, by the superintendent with the
- 13 assistance of the district-level committee established under
- 14 Section 11.251. The purpose of the district improvement plan is to
- 15 guide district and campus staff in the improvement of student
- 16 performance for all student groups in order to attain state
- 17 standards in respect to the achievement indicators adopted under
- 18 Section 39.053(c). The district improvement plan must include
- 19 provisions for:
- 20 (1) a comprehensive needs assessment addressing
- 21 district student performance on the achievement indicators, and
- 22 other appropriate measures of performance, that are disaggregated
- 23 by all student groups served by the district, including categories
- 24 of ethnicity, socioeconomic status, sex, and populations served by
- 25 special programs, including students in special education programs
- 26 under Subchapter A, Chapter 29;
- 27 (2) measurable district performance objectives for

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- 1 all appropriate achievement indicators for all student
- 2 populations, including students in special education programs
- 3 under Subchapter A, Chapter 29, and other measures of student
- 4 performance that may be identified through the comprehensive needs
- 5 assessment;
- 6 (3) strategies for improvement of student performance
- 7 that include:
- 8 (A) instructional methods for addressing the
- 9 needs of student groups not achieving their full potential;
- 10 (B) <u>evidence-based</u> practices that address
- 11 [methods for addressing] the needs of students for special
- 12 programs, including:
- 13 (i) suicide prevention programs, in
- 14 accordance with Subchapter G [0-1], Chapter 38 [161, Health and
- 15 $\frac{\text{Safety Code}}{\text{Safety Code}}$, which $\frac{\text{includes}}{\text{includes}}$ a parental or guardian
- 16 notification procedure;
- 17 (ii) conflict resolution programs;
- 18 (iii) violence prevention programs; and
- 19 (iv) dyslexia treatment programs;
- 20 (C) dropout reduction;
- 21 (D) integration of technology in instructional
- 22 and administrative programs;
- 23 (E) <u>positive behavior interventions and support</u>,
- 24 including interventions and support that integrate best practices
- 25 on grief-informed and trauma-informed care [discipline
- 26 management];
- 27 (F) staff development for professional staff of

- 1 the district;
- 2 (G) career education to assist students in
- 3 developing the knowledge, skills, and competencies necessary for a
- 4 broad range of career opportunities; [and]
- 5 (H) accelerated education; and
- (I) implementation of a comprehensive school
- 7 counseling program under Section 33.005;
- 8 (4) strategies for providing to elementary school,
- 9 middle school, junior high school, and high school students, those
- 10 students' teachers and school counselors, and those students'
- 11 parents information about:
- 12 (A) higher education admissions and financial
- 13 aid opportunities, including state financial aid opportunities
- 14 such as[+
- 15 $\left[\frac{\text{(B)}}{\text{)}}\right]$ the TEXAS grant program and the Teach for
- 16 Texas grant program established under Chapter 56;
- (B) $[\frac{(C)}{C}]$ the need for students to make informed
- 18 curriculum choices to be prepared for success beyond high school;
- 19 and
- 20 (C) [(D)] sources of information on higher
- 21 education admissions and financial aid;
- 22 (5) resources needed to implement identified
- 23 strategies;
- 24 (6) staff responsible for ensuring the accomplishment
- 25 of each strategy;
- 26 (7) timelines for ongoing monitoring of the
- 27 implementation of each improvement strategy;

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- 1 (8) formative evaluation criteria for determining
- 2 periodically whether strategies are resulting in intended
- 3 improvement of student performance; and
- 4 (9) the policy under Section 38.0041 addressing sexual
- 5 abuse and other maltreatment of children.
- 6 SECTION 1.03. Section 21.044(c-1), Education Code, is
- 7 amended to read as follows:
- 8 (c-1) Any minimum academic qualifications for a certificate
- 9 specified under Subsection (a) that require a person to possess a
- 10 bachelor's degree must also require that the person receive, as
- 11 part of the training required to obtain that certificate,
- 12 instruction regarding mental health, substance abuse, and youth
- 13 suicide. The instruction required must:
- 14 (1) be provided through:
- 15 (A) a program selected from the list of
- 16 recommended best practice-based programs and research-based
- 17 practices established under Section 38.351; or
- 18 (B) a course offered by any accredited public or
- 19 private postsecondary educational institution as part of a degree
- 20 program [161.325, Health and Safety Code]; and
- 21 (2) include effective strategies [for teaching and
- 22 intervening with students with mental or emotional disorders],
- 23 including de-escalation techniques and positive behavioral
- 24 interventions and supports, for teaching and intervening with
- 25 students with mental health conditions or who engage in substance
- 26 <u>ab</u>use.
- SECTION 1.04. Sections 21.054(d), (d-2), (e), (e-2), (f),

- 1 and (g), Education Code, are amended to read as follows:
- 2 (d) Continuing education requirements for a classroom
- 3 teacher must provide that <u>at least</u> [not more than] 25 percent of the
- 4 training required every five years include instruction regarding:
- 5 (1) collecting and analyzing information that will
- 6 improve effectiveness in the classroom;
- 7 (2) recognizing early warning indicators that a
- 8 student may be at risk of dropping out of school;
- 9 (3) digital learning, digital teaching, and
- 10 integrating technology into classroom instruction;
- 11 (4) educating diverse student populations, including:
- 12 (A) students who are eligible to participate in
- 13 special education programs under Subchapter A, Chapter 29 [with
- 14 disabilities, including mental health disorders];
- 15 (B) students who are eligible to receive
- 16 educational services required under Section 504, Rehabilitation
- 17 Act of 1973 (29 U.S.C. Section 794);
- 18 (C) students with mental health conditions or who
- 19 engage in substance abuse;
- 20 (D) students with intellectual or developmental
- 21 disabilities;
- 22 <u>(E)</u> students who are educationally
- 23 disadvantaged;
- 24 (F) [(C)] students of limited English
- 25 proficiency; and
- 26 (G) [(D)] students at risk of dropping out of
- 27 school; [and]

- 1 (5) understanding appropriate relationships,
- 2 boundaries, and communications between educators and students;
- 3 and [-]
- 4 (6) [(d-2) Continuing education requirements for a
- 5 classroom teacher may include instruction regarding | how mental
- 6 health conditions, including grief and trauma, affect student
- 7 learning and behavior and how evidence-based, grief-informed, and
- 8 trauma-informed strategies support the academic success of
- 9 students affected by grief and trauma.
- 10 <u>(d-2)</u> The instruction required under Subsection (d)(6) must
- 11 be:
- 12 (1) based on relevant best practice-based programs and
- 13 research-based practices; and
- 14 (2) approved by the commissioner, in consultation with
- 15 <u>the Health and Human Services Commission</u>.
- 16 (e) Continuing education requirements for a principal must
- 17 provide that at least [not more than] 25 percent of the training
- 18 required every five years include instruction regarding:
- 19 (1) effective and efficient management, including:
- 20 (A) collecting and analyzing information;
- 21 (B) making decisions and managing time; and
- (C) supervising student discipline and managing
- 23 behavior;
- 24 (2) recognizing early warning indicators that a
- 25 student may be at risk of dropping out of school;
- 26 (3) digital learning, digital teaching, and
- 27 integrating technology into campus curriculum and instruction;

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1 (4)effective implementation of a comprehensive school counseling program under Section 33.005; 2 3 (5) mental health programs addressing a mental health 4 condition; 5 (6) educating diverse student populations, including: students who are eligible to participate in 6 7 special education programs under Subchapter A, Chapter 29 [with 8 disabilities, including mental health disorders]; 9 students with intellectual or developmental (B) 10 disabilities; (C) students who are eligible to receive 11 12 educational services required under Section 504, Rehabilitation Act of 1973 (29 U.S.C. Section 794); 13 14 (D) students with mental health conditions or who 15 engage in substance abuse; 16 (E) students educationally who are 17 disadvantaged; 18 (F) [(C)] students of limited English 19 proficiency; and (G) (D) students at risk of dropping out of 20 school; [and] 21 (7) $[\frac{(5)}{(5)}]$ preventing, recognizing, and reporting any 22 sexual conduct between an educator and student that is prohibited 23 under Section 21.12, Penal Code, or for which reporting is required 24 under Section 21.006 of this code; and [-]25 26 (8) [(e-2) Continuing education requirements for

principal may include instruction regarding | how mental health

- 1 conditions, including grief and trauma, affect student learning and
- 2 behavior and how evidence-based, grief-informed, and
- 3 trauma-informed strategies support the academic success of
- 4 students affected by grief and trauma.
- 5 (e-2) The instruction required under Subsection (e)(8) must
- 6 <u>be:</u>
- 7 (1) based on relevant best practice-based programs and
- 8 research-based practices; and
- 9 (2) approved by the commissioner, in consultation with
- 10 the Health and Human Services Commission.
- 11 (f) Continuing education requirements for a counselor must
- 12 provide that at least [not more than] 25 percent of training
- 13 required every five years include instruction regarding:
- 14 (1) assisting students in developing high school
- 15 graduation plans;
- 16 (2) implementing dropout prevention strategies; [and]
- 17 (3) informing students concerning:
- 18 (A) college admissions, including college
- 19 financial aid resources and application procedures; and
- 20 (B) career opportunities;
- 21 (4) counseling students concerning mental health
- 22 conditions and substance abuse, including through the use of
- 23 grief-informed and trauma-informed interventions and crisis
- 24 management and suicide prevention strategies; and
- 25 (5) effective implementation of a comprehensive
- 26 school counseling program under Section 33.005.
- 27 (g) The board shall adopt rules that allow an educator to

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   fulfill [up to 12 hours of] continuing education requirements by
 1
   participating in an evidence-based [a] mental health first aid
 2
                        or an evidence-based grief-informed and
 3
              program
   trauma-informed care program [offered by a local mental health
4
   authority under Section 1001.203, Health and Safety Code].
 5
                                                                   The
   rules adopted under this subsection must allow an educator to
6
7
   complete a program described by this subsection and receive credit
8
   toward continuing education requirements for twice the number of
   hours of instruction provided under that program, not to exceed 16
9
   hours. The program must be offered through a classroom instruction
10
   format that requires in-person attendance. [The number of hours of
11
   continuing education an educator may fulfill under this subsection
12
    may not exceed the number of hours the educator actually spends
13
   participating in a mental health first aid training program.
14
15
          SECTION 1.05. Sections 21.451(d) and (d-1), Education Code,
    are amended to read as follows:
16
17
          (d)
               The staff development:
                    may include training in:
18
19
                     (A)
                          technology;
                          positive behavior intervention and support
20
21
    [conflict resolution;
                     [<del>(C) discipline</del>] strategies, including classroom
22
   management, district discipline policies, and the student code of
23
24
    conduct adopted under [Section 37.001 and] Chapter 37;
25
                     [(D) preventing, identifying, responding to, and
26
   reporting incidents of bullying;] and
27
                     (C) [<del>(E)</del>] digital learning;
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subject to Subsection (e) and to Section 21.3541 1 and rules adopted under that section, must include training that is 2 evidence-based, as defined by Section 8101, Every Student Succeeds 3 Act (20 U.S.C. Section 7801), and that: 4 5 (A) relates to instruction of students with disabilities, including students with disabilities who also have 6 7 other intellectual or mental health conditions; and 8 (B) is designed for educators who work primarily outside the area of special education; and 9 10 (3) must include [suicide prevention] training on: (A) suicide prevention; 11 12 (B) recognizing signs of mental health 13 conditions and substance abuse; 14 (C) strategies for establishing and maintaining 15 positive relationships among students, including conflict 16 resolution; 17 (D) how grief and trauma affect student learning and behavior and how evidence-based, grief-informed, 18 trauma-informed strategies support the academic success of 19 students affected by grief and trauma; and 20 21 (E) preventing, identifying, responding to, and 22 reporting incidents of bullying. (d-1) The training required by Subsection (d)(3) [that] 23 24 must: (1) be provided: 25 26 (A) on an annual basis, as part of a new employee

orientation, to all new school district and open-enrollment charter

- 1 school educators; and
- 2 (B) to existing school district and
- 3 open-enrollment charter school educators on a schedule adopted by
- 4 the agency by rule; and [-]
- 5 (2) [(d-1) The suicide prevention training required
- 6 by Subsection (d)(3) must] use a best practice-based program
- 7 recommended by the Health and Human Services Commission [Department
- 8 of State Health Services] in coordination with the agency under
- 9 Section 38.351 [161.325, Health and Safety Code].
- SECTION 1.06. Section 21.462, Education Code, is amended to
- 11 read as follows:
- 12 Sec. 21.462. RESOURCES REGARDING STUDENTS WITH MENTAL
- 13 HEALTH OR SUBSTANCE ABUSE CONDITIONS [NEEDS]. The agency, in
- 14 coordination with the Health and Human Services Commission, shall
- 15 establish and maintain an Internet website to provide resources for
- 16 school district or open-enrollment charter school employees
- 17 regarding working with students with mental health conditions or
- 18 who engage in substance abuse. The agency must include on the
- 19 Internet website information about:
- 20 (1) grief-informed and trauma-informed practices;
- 21 (2) building skills related to managing emotions,
- 22 establishing and maintaining positive relationships, and
- 23 responsible decision-making;
- 24 (3) positive behavior interventions and supports; and
- 25 (4) a safe and supportive school climate.
- SECTION 1.07. Sections 28.002(a) and (r), Education Code,
- 27 are amended to read as follows:

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Each school district that offers kindergarten through
1
          (a)
   grade 12 shall offer, as a required curriculum:
2
                    a foundation curriculum that includes:
 3
 4
                          English language arts;
 5
                     (B)
                         mathematics;
                     (C)
                          science; and
6
                          social studies, consisting of Texas, United
7
                     (D)
8
    States, and world history, government, economics, with emphasis on
    the free enterprise system and its benefits, and geography; and
                    an enrichment curriculum that includes:
10
                     (A) to the extent possible, languages other than
11
   English;
12
                     (B)
                          health, with emphasis on:
13
                          (i) physical health, including
14
                                                                    the
15
    importance of proper nutrition and exercise; and
16
                          (ii) mental health, including instruction
   about mental health conditions, substance abuse, skills to manage
17
    emotions, establishing and maintaining positive relationships, and
18
   responsible decision-making;
19
20
                         physical education;
                     (C)
21
                     (D)
                         fine arts;
22
                         career and technology education;
                     (E)
                          technology applications;
23
                     (F)
24
                          religious literature, including the Hebrew
25
   Scriptures (Old Testament) and New Testament, and its impact on
   history and literature; and
26
                         personal financial literacy.
27
                     (H)
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- 1 (r) In adopting the essential knowledge and skills for the health curriculum under Subsection (a)(2)(B), the State Board of 2 3 Education shall adopt essential knowledge and skills that address science, risk factors, causes, dangers, 4 [causes,] 5 consequences, signs, symptoms, and treatment of substance abuse, including the use of illegal drugs, abuse of prescription drugs, 6 7 abuse of alcohol such as by binge drinking or other excessive 8 <u>drinking resulting in [and]</u> alcohol poisoning, inhaling solvents, and other forms of substance abuse. The agency shall compile a list 9 of evidence-based <u>substance abuse</u> [alcohol] awareness programs 10 from which a school district shall choose a program to use in the 11 district's middle school, junior high school, and high school 12 health curriculum. In this subsection, "evidence-based substance 13 14 abuse [alcohol] awareness program" means a program, practice, or 15 strategy that has been proven to effectively prevent substance abuse [or delay alcohol use] among students, as determined by 16 17 evaluations that are evidence-based [use valid and reliable measures and that are published in peer-reviewed journals]. 18
- SECTION 1.08. Sections 28.004(c), (d), and (k), Education
- 20 Code, are amended to read as follows:
- 21 (c) The local school health advisory council's duties
- 22 include recommending:
- 23 (1) the number of hours of instruction to be provided
- 24 in<u>:</u>
- 25 <u>(A)</u> health education <u>in kindergarten through</u>
- 26 grade eight; and
- 27 (B) if the school district requires health

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- 1 education for high school graduation, health education, including
- 2 physical health education and mental health education, in grades 9
- 3 through 12;
- 4 (2) policies, procedures, strategies, and curriculum
- 5 appropriate for specific grade levels designed to prevent physical
- 6 <u>health concerns</u>, including obesity, cardiovascular disease, Type 2
- 7 diabetes, and mental health concerns through coordination of:
- 8 (A) health education, which must address
- 9 physical health concerns and mental health concerns to ensure the
- 10 integration of physical health education and mental health
- 11 education;
- 12 (B) physical education and physical activity;
- 13 (C) nutrition services;
- 14 (D) parental involvement;
- 15 (E) instruction on substance abuse prevention
- 16 [to prevent the use of e-cigarettes, as defined by Section 161.081,
- 17 Health and Safety Code, and tobacco];
- 18 (F) school health services, including mental
- 19 health services;
- 20 (G) a comprehensive school counseling program
- 21 <u>under Section 33.005</u> [and guidance services];
- 22 (H) a safe and healthy school environment; and
- 23 (I) school employee wellness;
- 24 (3) appropriate grade levels and methods of
- 25 instruction for human sexuality instruction;
- 26 (4) strategies for integrating the curriculum
- 27 components specified by Subdivision (2) with the following elements

- 1 in a coordinated school health program for the district:
- 2 (A) school health services, including physical
- 3 health services and mental health services, if provided at a campus
- 4 by the district or by a third party under a contract with the
- 5 district;
- 6 (B) <u>a comprehensive school</u> counseling <u>program</u>
- 7 <u>under Section 33.005</u> [and guidance services];
- 8 (C) a safe and healthy school environment; and
- 9 (D) school employee wellness; and
- 10 (5) if feasible, joint use agreements or strategies
- 11 for collaboration between the school district and community
- 12 organizations or agencies.
- 13 (d) The board of trustees shall appoint at least five
- 14 members to the local school health advisory council. A majority of
- 15 the members must be persons who are parents of students enrolled in
- 16 the district and who are not employed by the district. One of those
- 17 members shall serve as chair or co-chair of the council. The board
- 18 of trustees also may appoint one or more persons from each of the
- 19 following groups or a representative from a group other than a group
- 20 specified under this subsection:
- 21 (1) <u>classroom</u> [public school] teachers <u>employed by the</u>
- 22 district;
- 23 (2) school counselors certified under Subchapter B,
- 24 Chapter 21, employed by the district;
- 25 <u>(3)</u> [public] school administrators employed by the
- 26 district;
- 27 (4) $\left[\frac{(3)}{3}\right]$ district students;

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1
                (5) (4) health care professionals
                                                              <u>licensed</u> or
    certified to practice in this state, including medical or mental
 2
 3
    health professionals;
                (6) \left[\frac{(5)}{(5)}\right] the business community;
 4
                (7) \left[\frac{(6)}{(6)}\right] law enforcement;
 5
                (8) (47) senior citizens;
 6
                (9) \left[\frac{(8)}{(8)}\right] the clergy;
 7
 8
                 (10) [\frac{(9)}{}] nonprofit health organizations; and
                (11) \left[\frac{(10)}{(10)}\right] local domestic violence programs.
 9
10
           (k) A school district shall publish in the student handbook
    and post on the district's Internet website, if the district has an
11
    Internet website:
12
13
                      a statement of the policies and procedures adopted
14
    to promote the physical health and mental health of students, the
15
    physical health and mental health resources available at each
    campus, contact information for the nearest providers of essential
16
17
    public health services under Chapter 121, Health and Safety Code,
    and the contact information for the nearest local mental health
18
19
    authority;
                (2) a statement of the policies adopted to ensure that
20
    elementary school, middle school, and junior high school students
21
    engage in at least the amount and level of physical activity
22
    required by Section 28.002(1);
23
24
                (3) \left[\frac{(2)}{(2)}\right] a statement of:
25
                      (A) the number of times during the preceding year
26
    the district's school health advisory council has met;
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(B)

whether the district has adopted and enforces

- 1 policies to ensure that district campuses comply with agency
- 2 vending machine and food service guidelines for restricting student
- 3 access to vending machines; and
- 4 (C) whether the district has adopted and enforces
- 5 policies and procedures that prescribe penalties for the use of
- 6 e-cigarettes, as defined by Section 38.006, and tobacco products by
- 7 students and others on school campuses or at school-sponsored or
- 8 school-related activities; [and]
- 9 (4) $[\frac{(3)}{3}]$ a statement providing notice to parents that
- 10 they can request in writing their child's physical fitness
- 11 assessment results at the end of the school year; and
- 12 (5) for each campus in the district, a statement of
- 13 whether the campus has a full-time nurse or full-time school
- 14 counselor.
- SECTION 1.09. Section 30.002(b), Education Code, is amended
- 16 to read as follows:
- 17 (b) The agency shall:
- 18 (1) develop standards and guidelines for all special
- 19 education services for children with visual impairments that it is
- 20 authorized to provide or support under this code;
- 21 (2) supervise regional education service centers and
- 22 other entities in assisting school districts in serving children
- 23 with visual impairments more effectively;
- 24 (3) develop and administer special education services
- 25 for students with both serious visual and auditory impairments;
- 26 (4) evaluate special education services provided for
- 27 children with visual impairments by school districts and approve or

- 1 disapprove state funding of those services; and
- 2 (5) maintain an effective liaison between special
- 3 education programs provided for children with visual impairments by
- 4 school districts and related initiatives of the Health and Human
- 5 Services Commission [Department of Assistive and Rehabilitative
- 6 Services Division for Blind Services], the Department of State
- 7 Health Services Mental Health and Substance Abuse Division, the
- 8 Texas Workforce Commission [School for the Blind and Visually
- 9 Impaired], and other related programs, agencies, or facilities as
- 10 appropriate.
- SECTION 1.10. Section 33.004(b), Education Code, is amended
- 12 to read as follows:
- 13 (b) Each school, before implementing a comprehensive school
- 14 [and developmental guidance and] counseling program under Section
- 15 <u>33.005</u>, shall annually conduct a preview of the program for parents
- 16 and guardians. All materials, including curriculum to be used
- 17 during the year, must be available for a parent or guardian to
- 18 preview during school hours. Materials or curriculum not included
- 19 in the materials available on the campus for preview may not be
- 20 used.
- 21 SECTION 1.11. Section 33.005, Education Code, is amended to
- 22 read as follows:
- Sec. 33.005. <u>COMPREHENSIVE SCHOOL</u> [<u>DEVELOPMENTAL GUIDANCE</u>
- 24 AND] COUNSELING PROGRAMS. (a) A school counselor shall work with
- 25 the school faculty and staff, students, parents, and the community
- 26 to plan, implement, and evaluate a comprehensive school
- 27 [developmental guidance and] counseling program that conforms to

- 1 the most recent edition of the Texas Model for Comprehensive School
- 2 Counseling Programs developed by the Texas Counseling Association.
- 3 (b) The school counselor shall design the program to
- 4 include:
- 5 (1) a guidance curriculum to help students develop
- 6 their full educational potential, including the student's
- 7 interests and career objectives;
- 8 (2) a responsive services component to intervene on
- 9 behalf of any student whose immediate personal concerns or problems
- 10 put the student's continued educational, career, personal, or
- 11 social development at risk;
- 12 (3) an individual planning system to guide a student
- 13 as the student plans, monitors, and manages the student's own
- 14 educational, career, personal, and social development; and
- 15 (4) system support to support the efforts of teachers,
- 16 staff, parents, and other members of the community in promoting the
- 17 educational, career, personal, and social development of students.
- SECTION 1.12. Subchapter A, Chapter 38, Education Code, is
- 19 amended by adding Section 38.0101 to read as follows:
- Sec. 38.0101. AUTHORITY TO EMPLOY OR CONTRACT WITH
- 21 NONPHYSICIAN MENTAL HEALTH PROFESSIONAL. (a) A school district
- 22 may employ or contract with one or more nonphysician mental health
- 23 professionals.
- 24 (b) In this section, "nonphysician mental health
- 25 professional" means:
- 26 (1) a psychologist licensed to practice in this state
- 27 and designated as a health-service provider;

- 1 (2) a registered nurse with a master's or doctoral
- 2 degree in psychiatric nursing;
- 3 (3) a licensed clinical social worker;
- 4 (4) a professional counselor licensed to practice in
- 5 this state; or
- 6 (5) a marriage and family therapist licensed to
- 7 practice in this state.
- 8 SECTION 1.13. Section 38.013(a), Education Code, is amended
- 9 to read as follows:
- 10 (a) The agency shall make available to each school district
- 11 one or more coordinated health programs [designed to prevent
- 12 obesity, cardiovascular disease, oral diseases, and Type 2
- 13 diabetes] in elementary school, middle school, and junior high
- 14 school [students]. Each program must provide for coordinating
- 15 <u>education and services related to</u>:
- 16 (1) physical health education, including programs
- 17 designed to prevent obesity, cardiovascular disease, oral
- 18 diseases, and Type 2 diabetes and programs designed to promote the
- 19 role of proper nutrition [oral health education];
- 20 (2) mental health education, including education
- 21 about mental health conditions, mental health well-being, skills to
- 22 manage emotions, establishing and maintaining positive
- 23 relationships, and responsible decision-making;
- 24 (3) substance abuse education, including education
- 25 about alcohol abuse, prescription drug abuse, and abuse of other
- 26 controlled substances;
- 27 (4) physical education and physical activity; and

- 1 (5) [(3) nutrition services; and $[\frac{4}{1}]$ parental involvement. 2 SECTION 1.14. Sections 38.016(a) and (c), Education Code, 3 are amended to read as follows: 4 5 (a) In this section: 6 (1) "Nonphysician mental health professional" has the 7 meaning assigned by Section 38.0101. 8 (2) "Parent" includes a guardian or other person standing in parental relation. 9 10 (3) [(2)] "Psychotropic drug" means a substance that is: 11 12 (A) used in the diagnosis, treatment, or prevention of a disease or as a component of a medication; and 13 14 (B) intended to have an altering effect 15 perception, emotion, or behavior. (c) Subsection (b) does not: 16 17 (1) prevent an appropriate referral under the child find system required under 20 U.S.C. Section 1412, as amended; [ex] 18
- nonphysician mental health professional licensed or certified to practice in this state [or appropriately credentialed mental health professional] from recommending that a child be evaluated by a physician or nonphysician mental health professional [an appropriate medical practitioner]; or

employee of an entity with which the district contracts, who is a

registered nurse, advanced nurse practitioner, physician, or

(2) prohibit a school district employee, or an

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27 (3) prohibit a school employee from discussing any

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- 1 aspect of a child's behavior or academic progress with the child's
- 2 parent or another school district employee.
- 3 SECTION 1.15. Section 38.051(b), Education Code, is amended
- 4 to read as follows:
- 5 (b) On the recommendation of an advisory council
- 6 established under Section 38.058 or on the initiative of the board
- 7 of trustees or the governing body of an open-enrollment charter
- 8 <u>school</u>, a school district <u>or open-enrollment charter school</u> may
- 9 establish a school-based health center at one or more campuses [in
- 10 the district] to meet the health care needs of students and their
- 11 families.
- 12 SECTION 1.16. Section 38.054, Education Code, is amended to
- 13 read as follows:
- 14 Sec. 38.054. CATEGORIES OF SERVICES. The permissible
- 15 categories of services are:
- 16 (1) family and home support;
- 17 (2) physical health care, including immunizations;
- 18 (3) dental health care;
- 19 (4) health education; [and]
- 20 (5) preventive health strategies;
- 21 (6) treatment for mental health conditions; and
- 22 <u>(7) treatment for substance abuse</u>.
- 23 SECTION 1.17. Section 38.057(b), Education Code, is amended
- 24 to read as follows:
- 25 (b) If it is determined that a student is in need of a
- 26 referral for physical health services or mental health services,
- 27 the staff of the center shall notify the person whose consent is

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- 1 required under Section 38.053 verbally and in writing of the basis
- 2 for the referral. The referral may not be provided unless the
- 3 person provides written consent for the type of service to be
- 4 provided and provides specific written consent for each treatment
- 5 occasion or for a course of treatment that includes multiple
- 6 treatment occasions of the same type of service.
- 7 SECTION 1.18. Section 38.058, Education Code, is amended to
- 8 read as follows:
- 9 Sec. 38.058. HEALTH EDUCATION AND HEALTH CARE ADVISORY
- 10 COUNCIL. (a) The board of trustees of a school district or the
- 11 governing body of an open-enrollment charter school may establish
- 12 and appoint members to a local health education and health care
- 13 advisory council to make recommendations to the district or school
- 14 on the establishment of school-based health centers and to assist
- 15 the district or school in ensuring that local community values are
- 16 reflected in the operation of each center and in the provision of
- 17 health education.
- 18 (b) A majority of the members of the council must be parents
- 19 of students enrolled in the <u>school</u> district <u>or open-enrollment</u>
- 20 charter school. In addition to the appointees who are parents of
- 21 students, the board of trustees or governing body shall also
- 22 appoint at least one person from each of the following groups:
- 23 (1) <u>classroom</u> teachers;
- 24 (2) school administrators;
- 25 (3) school counselors;
- 26 (4) [licensed] health care professionals licensed or
- 27 certified to practice in this state;

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- 1 (5) (4) the clergy;
- 2 (6) $\left[\frac{(5)}{(5)}\right]$ law enforcement;
- 3 (7) $\left[\frac{(6)}{(6)}\right]$ the business community;
- 4 (8) $\left[\frac{(7)}{}\right]$ senior citizens; and
- 5 (9) [(8)] students.
- 6 SECTION 1.19. Subchapter B, Chapter 38, Education Code, is
- 7 amended by adding Section 38.0591 to read as follows:
- 8 Sec. 38.0591. ACCESS TO MENTAL HEALTH SERVICES. The
- 9 agency, in cooperation with the Health and Human Services
- 10 Commission, shall develop guidelines for school districts
- 11 regarding:
- 12 (1) partnering with a local mental health authority
- 13 and with community or other private mental health services
- 14 providers and substance abuse services providers to increase
- 15 student access to mental health services; and
- 16 (2) obtaining mental health services through the
- 17 medical assistance program under Chapter 32, Human Resources Code.
- SECTION 1.20. Section 38.060(c), Education Code, is amended
- 19 to read as follows:
- 20 (c) The school district or open-enrollment charter school
- 21 [council] shall keep a record of efforts made to coordinate with
- 22 existing providers.
- SECTION 1.21. Subchapter O-1, Chapter 161, Health and
- 24 Safety Code, as amended by Chapter 522 (S.B. 179) and Chapter 714
- 25 (H.B. 4056), Acts of the 85th Legislature, Regular Session, 2017,
- 26 is transferred to Chapter 38, Education Code, redesignated as
- 27 Subchapter G, Chapter 38, Education Code, reenacted, and amended to

1 read as follows: SUBCHAPTER G [0-1]. MENTAL HEALTH, SUBSTANCE ABUSE, AND YOUTH 2 3 SUICIDE 4 Sec. 38.351 $[\frac{161.325}{}]$. MENTAL HEALTH PROMOTION 5 INTERVENTION, SUBSTANCE ABUSE PREVENTION AND INTERVENTION, AND SUICIDE PREVENTION. (a) The agency [department], in coordination 6 with the Health and Human Services Commission [Texas Education 7 8 Agency] and regional education service centers, shall provide and annually update a list of recommended best practice-based programs 9 10 and research-based practices in the areas specified under Subsection (c) [(a-1)] for implementation in public elementary, 11 junior high, middle, and high schools within the general education 12 13 setting. 14 (b) Each school district may select from the list provided 15 under Subsection (a) a program or programs appropriate for implementation in the district. 16 17 (c) $[\frac{(a-1)}{a-1}]$ The list provided under Subsection (a) must include programs and practices in the following areas: 18 19 early mental health intervention; 20 (2) building skills related to managing emotions, establishing and maintaining positive relationships, 21 and responsible decision-making; 22 23 [(2) mental health promotion;] 24 substance abuse prevention and intervention; [substance abuse intervention; 25 26 $[\frac{(5)}{}]$ suicide prevention; (5) [(6) trauma-informed practices; 27

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- 1 [(6)] grief-informed and trauma-informed practices;
- 2 (6) [(7) building skills related to managing
- 3 emotions, establishing and maintaining positive relationships, and
- 4 responsible decision-making;
- 5 [(7)] positive school climates; [and]
- 6 (7) [(8)] positive behavior <u>interventions</u> and
- 7 supports;
- 8 (8) [positive behavior interventions and supports
- 9 and] positive youth development; and
- 10 (9) safe and supportive school climate.
- 11 (d) [(a-2) The department, the Texas Education Agency, and
- 12 each regional education service center shall make the list easily
- 13 accessible on their websites.
- [(a-3)] For purposes of Subsection (c) [(a-1)], "school
- 15 climate" means the quality and character of school life, including
- 16 interpersonal relationships, teaching and learning practices, and
- 17 organizational structures, as experienced by students enrolled in
- 18 the school district, parents of those students, and personnel
- 19 employed by the district.
- (e) [(b)] The suicide prevention programs on the list
- 21 provided under Subsection (a) must include components that provide
- 22 for training <u>school</u> counselors, teachers, nurses, administrators,
- 23 and other staff, as well as law enforcement officers and social
- 24 workers who regularly interact with students, to:
- 25 (1) recognize students at risk of attempting
- 26 [committing] suicide, including students who are or may be the
- 27 victims of or who engage in bullying;

- 1 (2) recognize students displaying early warning signs
- 2 and a possible need for early mental health or substance abuse
- 3 intervention, which warning signs may include declining academic
- 4 performance, depression, anxiety, isolation, unexplained changes
- 5 in sleep or eating habits, and destructive behavior toward self and
- 6 others; and
- 7 (3) intervene effectively with students described by
- 8 Subdivision (1) or (2) by providing notice and referral to a parent
- 9 or guardian so appropriate action, such as seeking mental health or
- 10 substance abuse services, may be taken by a parent or guardian.
- 11 $\underline{\text{(f)}}$ [\(\frac{(c)}{c}\)] In developing the list of best practice-based
- 12 programs and research-based practices, the agency [department] and
- 13 the <u>Health and Human Services Commission</u> [Texas Education Agency]
- 14 shall consider:
- 15 (1) any existing suicide prevention method developed
- 16 by a school district; and
- 17 (2) any Internet or online course or program developed
- 18 in this state or another state that is based on best practices
- 19 recognized by the Substance Abuse and Mental Health Services
- 20 Administration or the Suicide Prevention Resource Center.
- 21 $\underline{(g)}$ [(c-1)] Except as otherwise provided by this
- 22 subsection, each school district shall provide training described
- 23 in the components set forth under Subsection (e) [(b)] for
- 24 teachers, school counselors, principals, and all other appropriate
- 25 personnel. A school district is required to provide the training at
- 26 an elementary school campus only to the extent that sufficient
- 27 funding and programs are available. A school district may

- 1 implement a program on the list to satisfy the requirements of this
- 2 subsection.
- 3 (h) $\frac{(c-2)}{(c-2)}$ If a school district provides the training
- 4 under Subsection (g) [(c-1)]:
- 5 (1) a school district employee described under that
- 6 subsection must participate in the training at least one time; and
- 7 (2) the school district shall maintain records that
- 8 include the name of each district employee who participated in the
- 9 training.
- 10 <u>(i)</u> [(d)] A school district <u>shall</u> [may] develop practices
- 11 and procedures concerning each area listed in Subsection (c)
- 12 [(a-1)], including mental health promotion and intervention,
- 13 substance abuse prevention and intervention, and suicide
- 14 prevention, that:
- 15 (1) include a procedure for providing notice of a
- 16 recommendation for early mental health or substance abuse
- 17 intervention regarding a student to a parent or guardian of the
- 18 student within a reasonable amount of time after the identification
- of early warning signs as described by Subsection (e)(2) $[\frac{(b)(2)}{2}]$;
- 20 (2) include a procedure for providing notice of a
- 21 student identified as at risk of attempting [committing] suicide to
- 22 a parent or guardian of the student within a reasonable amount of
- 23 time after the identification of early warning signs as described
- 24 by Subsection (e)(2) [(b)(2)];
- 25 (3) establish that the district may develop a
- 26 reporting mechanism and may designate at least one person to act as
- 27 a liaison officer in the district for the purposes of identifying

- 1 students in need of early mental health or substance abuse
- 2 intervention or suicide prevention; and
- 3 (4) set out available counseling alternatives for a
- 4 parent or guardian to consider when their child is identified as
- 5 possibly being in need of early mental health or substance abuse
- 6 intervention or suicide prevention.
- 7 $\underline{\text{(j)}}$ [$\frac{\text{(e)}}{\text{(p)}}$] The practices and procedures developed under
- 8 Subsection (i):
- 9 (1) may address multiple areas listed in Subsection
- 10 (c) together; and
- 11 $\underline{(2)}$ [$\overline{(d)}$] must prohibit the use without the prior
- 12 consent of a student's parent or guardian of a medical screening of
- 13 the student as part of the process of identifying whether the
- 14 student is possibly in need of early mental health or substance
- 15 abuse intervention or suicide prevention.
- 16 $\underline{(k)}$ [$\frac{(f)}{(f)}$] The practices and procedures developed under
- 17 Subsection (i) [(d)] must be included in:
- 18 (1) the annual student handbook; and
- 19 (2) the district improvement plan under Section
- 20 11.252[, Education Code].
- 21 (1) The agency shall develop and make available to school
- 22 districts guiding principles on the coordination of programs and
- 23 practices in areas listed under Subsection (c).
- 24 <u>(m)</u> [(g)] The agency, the Health and Human Services
- 25 Commission, and each regional education service center:
- 26 (1) [department] may accept donations for purposes of
- 27 this section from sources without a conflict of interest; and

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- 1 (2) [. The department] may not accept donations for
- 2 purposes of this section from an anonymous source.
- 3 (n) $[\frac{(i)}{(i)}]$ Nothing in this section is intended to interfere
- 4 with the rights of parents or guardians and the decision-making
- 5 regarding the best interest of the child. Practices and procedures
- 6 developed in accordance with this section are intended to notify a
- 7 parent or guardian of a need for mental health or substance abuse
- 8 intervention so that a parent or guardian may take appropriate
- 9 action. Nothing in this section shall be construed as giving school
- 10 districts the authority to prescribe medications. Any and all
- 11 medical decisions are to be made by a parent or guardian of a
- 12 student.
- Sec. 38.352 [161.326]. IMMUNITY. This subchapter does not:
- 14 (1) waive any immunity from liability of a school
- 15 district or of district school officers or employees;
- 16 (2) create any liability for a cause of action against
- 17 a school district or against district school officers or employees;
- 18 or
- 19 (3) waive any immunity from liability under Section
- 20 74.151, Civil Practice and Remedies Code.
- 21 ARTICLE 2. MENTAL HEALTH FIRST AID PROGRAM TRAINING AND REPORTING
- 22 SECTION 2.01. Section 1001.205, Health and Safety Code, is
- 23 amended to read as follows:
- Sec. 1001.205. REPORTS. (a) Not later than September 30 of
- 25 each year, a local mental health authority shall provide to the
- 26 department the number of:
- 27 (1) employees and contractors of the authority who

- 1 were trained as mental health first aid trainers under Section
- 2 1001.202 during the preceding fiscal year, the number of trainers
- 3 who left the program for any reason during the preceding fiscal
- 4 year, and the number of active trainers;
- 5 (2) university employees, school district employees,
- 6 and school resource officers who completed a mental health first
- 7 aid training program offered by the authority under Section
- 8 1001.203 during the preceding fiscal year categorized by local
- 9 mental health authority region, university or school district, as
- 10 applicable, and category of personnel; and
- 11 (3) individuals who are not university employees,
- 12 school district employees, or school resource officers who
- 13 completed a mental health first aid training program offered by the
- 14 authority during the preceding fiscal year.
- 15 (b) Not later than December 1 of each year, the department
- 16 shall compile the information submitted by local mental health
- 17 authorities as required by Subsection (a) and submit a report to the
- 18 legislature containing [the number of]:
- 19 (1) the number of authority employees and contractors
- 20 trained as mental health first aid trainers during the preceding
- 21 fiscal year, the number of trainers who left the program for any
- 22 reason during the preceding fiscal year, and the number of active
- 23 <u>trainers</u>;
- 24 (2) the number of university employees, school
- 25 district employees, and school resource officers who completed a
- 26 mental health first aid training program provided by an authority
- 27 during the preceding fiscal year categorized by local mental health

- 1 authority region, university or school district, as applicable, and
- 2 category of personnel; [and]
- 3 (3) the number of individuals who are not university
- 4 employees, school district employees, or school resource officers
- 5 who completed a mental health first aid training program provided
- 6 by an authority during the preceding fiscal year; and
- 7 (4) a detailed accounting of expenditures of money
- 8 appropriated for the purpose of implementing this subchapter.
- 9 (c) The department shall develop and provide to local mental
- 10 health authorities a form to be used for the reporting of
- 11 information required under Subsection (a), including the reporting
- 12 of each category of personnel described by that subsection.
- SECTION 2.02. Subchapter H, Chapter 1001, Health and Safety
- 14 Code, is amended by adding Section 1001.207 to read as follows:
- Sec. 1001.207. PROGRAM PROMOTION. (a) The commission shall
- 16 make available on its official Internet website information about
- 17 the mental health first aid training program for the purpose of
- 18 promoting public awareness of the program. An electronic link to an
- 19 outside source of information is not sufficient.
- 20 (b) The Texas Education Agency shall make available on its
- 21 <u>official Internet website information about the mental health first</u>
- 22 aid training program for the purpose of promoting public awareness
- 23 of the program. An electronic link to an outside source of
- 24 <u>information is not sufficient.</u>
- 25 ARTICLE 3. CONFORMING AMENDMENTS
- SECTION 3.01. Section 74.151(e), Civil Practice and
- 27 Remedies Code, is amended to read as follows:

- 1 (e) Except as provided by this subsection, this section does
 2 not apply to a person whose negligent act or omission was a
 3 producing cause of the emergency for which care is being
 4 administered. This subsection does not apply to liability of a
 5 school district or district school officer or employee arising from
 6 an act or omission under a program or practice [policy] or procedure
 7 developed [adopted] under Subchapter G, Chapter 38, Education [O-1,
 8 Chapter 161, Health and Safety] Code, other than liability arising
 9 from wilful or intentional misconduct.
- 10 SECTION 3.02. Section 38.0141(a), Education Code, is 11 amended to read as follows:
- (a) Each school district shall provide to the agency 12 information as required by the commissioner, including statistics 13 14 and data, relating to student health and physical activity and 15 information described by Sections 28.004(k)(2), (3), and (4) [Section $28.004(k)_T$] presented in a form determined by the 16 17 commissioner. The district shall provide the information required by this subsection for the district and for each campus in the 18 district. 19
- 20 ARTICLE 4. REPEALER; TRANSITION; EFFECTIVE DATE
- 21 SECTION 4.01. The following provisions of the Education 22 Code are repealed:
- 23 (1) Section 21.463; and
- 24 (2) Section 28.002(w).
- 25 SECTION 4.02. (a) Not later than May 1, 2020:
- 26 (1) the State Board for Educator Certification shall 27 propose rules under Section 21.054, Education Code, to comply with

- 1 the changes in law made to that section by this Act; and
- 2 (2) the Texas Education Agency, in cooperation with
- 3 the Health and Human Services Commission, shall develop the
- 4 guidelines required by Section 38.0591, Education Code, as added by
- 5 this Act.
- 6 (b) Not later than August 1, 2020, the Texas Education
- 7 Agency, in coordination with the Health and Human Services
- 8 Commission and regional education service centers, shall provide a
- 9 list of recommended best practice-based programs as required by
- 10 Section 38.351, Education Code, as transferred, redesignated,
- 11 reenacted, and amended by this Act.
- 12 SECTION 4.03. Any change in law made by this Act that
- 13 imposes a new duty or requirement on a school district or an
- 14 open-enrollment charter school applies beginning with the
- 15 2020-2021 school year.
- SECTION 4.04. (a) Section 1001.205(a), Health and Safety
- 17 Code, as amended by this Act, applies only to a report due under
- 18 that subsection after December 31, 2019. A report due under that
- 19 subsection before that date is governed by the law in effect
- 20 immediately before the effective date of this Act, and that law is
- 21 continued in effect for that purpose.
- (b) Section 1001.205(b), Health and Safety Code, as amended
- 23 by this Act, applies only to a report due under that subsection
- 24 after March 1, 2020. A report due under that subsection before that
- 25 date is governed by the law in effect immediately before the
- 26 effective date of this Act, and that law is continued in effect for
- 27 that purpose.

- 1 (c) Not later than May 1, 2020, the Health and Human
- 2 Services Commission shall develop and make available the form
- 3 required under Section 1001.205(c), Health and Safety Code, as
- 4 added by this Act.
- 5 SECTION 4.05. Not later than March 1, 2020, the Health and
- 6 Human Services Commission and the Texas Education Agency shall
- 7 update their Internet websites to include the information required
- 8 by Section 1001.207, Health and Safety Code, as added by this Act.
- 9 SECTION 4.06. This Act takes effect December 1, 2019.